The People Speak.org
Speak Up. Change the World.

Youth Climate Pledge Worksheet

"Some is not a number, Soon is not a time, Hope is not a Strategy."
- *Campus Camp Wellstone trainers*

This worksheet serves as a building block for youth across the globe to make the Youth Climate Pledge personal, meaningful, and realistic for their lives and communities.

Students at the 2008 Youth Leadership Summit created the outline of a pledge that will guide climate change efforts around the world. Download the pledge at XXX

Remember the guiding rule: commitments and goals should be **S.M.A.R.T**!

Specific. **M**easurable. **A**ttainable. **R**ealistic. **T**imely

Directions:

1. Take each commitment and add an action or promise word at the beginning.
   Examples: I commit, I pledge, I promise, I will encourage, etc.

2. Take each commitment and modify it (if needed) to be more specific and realistic for you and your community.
   Examples: change "turn off the lights" to "turn off **all** the lights **in my bedroom"**

3. Take each commitment and add a measurement or timeframe to the end
   Examples: in one month, every week, by August 25th, 75%, 10 degrees, etc.

Example:

<u>Original commitment</u>:

"Reduce paper copies and print double-sided"

<u>Modified commitment</u>:

"**I will encourage my school principal** to reduce **the amount of** paper copies **school-wide by 50% in one year** and **set all printers to automatically** print double-sided **by the end of first semester**."

In Summary:

(Insert action/promise word) + (*pledge commitment)* + *(measure or time frame)*

Finalize the personalized commitment by putting it into your own words, hanging up your commitment in a place where you can see it everyday, and then taking action (by creating an action plan) in order to make it a reality!